



**TAKE 20 SECONDS  
FOR CLEAN HANDS**

*This message brought to you by:*



**Arkansas Department of Health**  
*Keeping Your Hometown Healthy*

*customer-centered*  
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**1.** Wash with soap  
for 20 seconds.



**2.** Rinse hands  
with water.



**3.** Dry hands.



**4.** Turn off faucet  
with paper towel.