

11th Annual Arkansas Conference for Parent Education & Parental Involvement

A Season to Share



November 16-18, 2009

Hot Springs Convention Center

Registration Deadline: October 30, 2009

presented by
Arkansas Parenting
Education Network



Reserve Your Exhibit Booth Today!

- Exhibit booths are \$100 for for-profit organizations and \$60 for non-profit organizations. The exhibit fee will be waived if you donate a door prize with a retail value of more than \$150.
- Each exhibit will consist of one six-foot skirted table with two chairs. Access to electrical, telephone or DSL hook up is available for an additional charge. **These charges double if not requested in advance.**
- Exhibits will be open on Monday, November 16, 2009 from 12:00 p.m. to 6:30 p.m. and on Tuesday, November 17, 2009 from 8:00 a.m. until 5:00 p.m.
- Exhibitors will be encouraged to participate in the "Festival of Fun" Networking Social at 4:45 p.m. on Monday, November 16, 2009.
- For more information, contact Pam Kahler at 501-364-7580 or kahlerpamj@uams.edu.
- To reserve your space today, submit a copy of the following form by October 30, 2009.

Organization Name _____

Organization Address _____

Contact Person _____

Contact Person Address (if different from above) _____

Telephone/Fax _____

Email Address _____

Description of Display _____

Special Needs _____

Description of Items for Sale (if applicable) _____

Description of Door Prize Donations and Retail Value (if applicable) _____

Payment Information

- ☐ For-Profit @ \$100 \$ _____
- ☐ Non-Profit (Tax ID# or 501(c)(3) certification required) @ \$60 \$ _____
- ☐ Door Prize Donation (Over \$150 value waives booth fee)..... \$ _____
- ☐ Electrical Outlet @ \$30 \$ _____
- ☐ Dial-up Internet Connection @ \$60 \$ _____
- ☐ DSL Internet Connection @ \$150 \$ _____

Total Registration Fees..... \$ _____

Registration Form and Check or Purchase Order should be sent to:

APEN/Attn: Pam Kahler
1 Children's Way, Slot 512-21B
Little Rock, AR 72202
501-364-7580
501-364-1588 (fax)



Bushels of Opportunity

Your Vote Counts!

Each year, APEN recognizes individuals and groups that have made a significant contribution to the fields of parent education and parental involvement in children's learning. This year, conference participants have the chance to vote for their choice of award recipients. **Go online to the conference website to learn more about this year's nominees and to cast your vote!**

Bookstore

The conference bookstore will be open during conference hours on November 16-18, 2009. Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

Exhibitors Wanted

Looking for a way to showcase your organization's resources, products or accomplishments? Exhibit space is available for a nominal cost and is a great way to share your information with all conference participants. For information, see page 2.

Door Prizes Wanted

Door prize donations are greatly appreciated. To offer an item to be given away during the conference, contact Pam Kahler at KahlerPamJ@uams.edu or 501-364-7580.

Volunteers Wanted

The conference staff is limited. To facilitate the execution of the conference, we rely on volunteers for many tasks. If you are willing to assist with the conference, please indicate this on your registration form. We will be thrilled to give you an assignment.

For more information:

www.arkansasctf.org

Conference at a Glance

Monday, November 16, 2009

10:00 a.m. - Noon	Registration Check-in
Noon - 1:45 p.m.	General Session/Luncheon Keynote Speaker Mervlyn Kitashima
2:00 - 3:15 p.m.	Workshop Session A
3:30 - 4:45 p.m.	Workshop Session B
4:45 - 6:30 p.m.	"Festival of Fun" Networking Social/ Awards Ceremony

Tuesday, November 17, 2009

8:00 - 9:00 a.m.	Registration Check-in/ Continental Breakfast
9:00 - 10:15 a.m.	Workshop Session C
10:30 - 11:45 a.m.	Workshop Session D
Noon - 1:30 p.m.	General Session/Luncheon Keynote Speaker Stuart Brown
1:45 - 3:00 p.m.	Workshop Session E
3:15 p.m.	Arkansas Parent Coordinators/Facilitators Association Meeting

Post-Conference Institute

Wednesday, November 18, 2009

8:00 - 9:00 a.m.	Registration Check-in/ Continental Breakfast
9:00 - 12:00 a.m.	Post Conference Seminars <ul style="list-style-type: none">• Medical & Behavioral Challenges for the Child with Autism Spectrum Disorders• Parent Leadership Development Institute• Community Cafes• Lessons from Lions: Grief Education for Parents• Choosing a Parenting Program/Curriculum Overview• Parental Involvement Professional Development• Effective Home Visiting Programs



Keynote Speakers

Mervlyn K. Kitashima

**Parent Coordinator
Kamehameha, HI Schools
Parents & Alumni Relations Department**

Mervlyn Kitashima is the Parent Coordinator at the Parents and Alumni Relations Department of the Kamehameha Schools Kapālama. She has developed



parent and family involvement curriculum and training for the State of Hawaii's Department of Education's Parent Community Networking Center Program, Hawaii's parents, teachers and administrators. Mrs. Kitashima has served on the Aloha Council of the Boy Scouts of America, the Governor's Commission on

Teacher Morale, as commissioner of the Aloha Region USA Junior Volleyball and many other community and educational organizations.

Drawing on her experiences as a teenage mother, mother of seven, grandmother of eleven and wife of 37 years, Mrs. Kitashima has traveled widely throughout the United States and Canada as a motivating communicator. Her speaking engagements have included institutes and seminars at universities and colleges, state and national conferences on education, prevention, juvenile justice, student assistance and numerous schools, organizations, communities and churches.

In 2003, Mervlyn was named the State of Hawaii and the National Mother of the Year by American Mothers Incorporated, an organization dedicated to strengthening the moral and spiritual foundation of the home and family.

Stuart L. Brown, M.D.

**President
The National Institute for Play**

Trained in general and internal medicine, psychiatry and clinical research, Stuart Brown first recognized the importance of play by discovering its absence in the life stories of murderers and felony drunken drivers. His years of clinical practice affirmed the importance and need for healthy play throughout the human life cycle, and his later evaluation of highly creative individuals revealed the centrality of playfulness to their success and well-being.

His recent years of independent scholarship and exploration of the evolution of human and animal play have helped to focus a central commitment bringing the promises and stories of play into general cultural consciousness and to the establishment of the



Institute for Play. The mission of the Institute for Play (IFP) is to bring the unrealized knowledge, practices and benefits of play into public life. Dr. Brown was the instigator and Executive Producer of the three-part PBS series, "The Promise of Play."

His experience as medical administrator, producer, and scientific consultant or creator to numerous other productions on Joseph Campbell, Cosmology, Animal Play, plus his scientific and popular writings have identified him as the foremost "practical champion of the knowledge of play."



Concurrent Workshops



Session A Workshops

Monday, November 16, 2009
2:00–3:15 p.m.

A-1 Resilience



Resilience can be defined as, “The capacity to spring back, rebound, successfully adapt in the face of adversity, and develop social competence despite exposure to severe stress.” This workshop will focus on the “how-to’s” of resilience. It will take a closer look at the Kauai Longitudinal Study on Resilience and the protective factors that have been proven by research to make a difference in the lives of “at promise” children and youth.

Presented by Mervlyn Kitashima

A-2 First Steps



The First Steps Early Language Program presents the basics to support language development in infants and toddlers. This session will utilize the DVD “Connecting with Every Child” to take participants through the four steps of beginning language, reading the child’s messages, talking with young children, and building conversations. It is designed for workers and caregivers in day care centers, Head Start centers, preschools, and other early childhood settings. A focus will be on how they work with parents to improve their children’s language development.

Presented by E. Dee Austin, Ed.S., LPC, AR State PIRC/Center for Effective Parenting

Workshop Categories



Parenting
& Family
Education



School
Connections



Community
Connections



Special Need
Families



Family Wellness



Personal
Development



Program
Management

A-3 The Importance of Fathers



Research on fathers and the effects they have on child development has historically lagged behind research on mothers. However, available research consistently finds that the more fathers are involved with their children, the better the developmental and school outcomes are for children. This workshop will help practitioners reach out to fathers. Participants will be provided with research on the importance of fathers, tips for fathers that encourage specific things they can do with their preschool children to help them prepare for school success, and resources for more information on father involvement.

Presented by Teri Patrick, UAMS

A-4 Parents, Pastries & Puffs



The first day of Kindergarten can be really scary - for parents! Participants in this workshop will learn how to set up a transition activity that eases parent fears and lessens separation anxiety while introducing them to parent involvement.

Presented by Lori Satterwhite, Southside School District and Kelly Moore, Benton School District

A-5 Cyberbullying: What You Need to Know



Cyberbullying is tormenting, harassing, embarrassing, or humiliating someone through an electronic medium. It can range from forwarding a private instant message conversation, posting an embarrassing video online, or creating an entire profile or message thread to make fun of and harass another person. With the perception of anonymity provided by the Internet, young people are posting rude and harmful comments and material without really understanding the long-term effects of their interaction. This session will discuss the damage this can cause, some of the legal ramifications, and what to do if it is happening to you or someone you know.

Presented by Rachel Ellis, Office of the Attorney General

A-6 Supplemental Education Services



The Supplemental Educational Services (SES) after school tutoring program’s goal is to have schools, parents and SES providers work together to improve student achievement in reading, math and science for K-12 students in Title 1 schools who are on School Improvement status. This session will increase understanding of the SES program, what it is and what it does for students, as well as how to involve parents.

Presented by Lou Kirkpatrick, MA, Dawson SES Program

A-7 A Good Night's Sleep



Attendees will learn about healthy sleep habits for children and adolescents and ways to encourage youth to start and maintain these habits over time. The seminar will also review common sleep problems, their symptoms, and common treatment strategies to assist our youth in obtaining quality sleep. Format will include lecture, question/answer session, and group discussion. Handouts on developing good sleep habits and how to handle sleep problems will be provided. Target audience includes parents and educators.

Presented by Wendy L. Ward-Begnoche, Ph.D., UAMS Department of Pediatrics

A-8 Apple Juice or Air Freshener? Deadly Look-Alikes



Did you ever think that to a child blue Windex looks just as delicious as Blue Gatorade? The fact is that the world can be confusing and dangerous to young explorers. Ninety-two percent of household poisonings occur in the home with common everyday products, and half of those are in children under the age of six. This presentation will highlight the very real and significant problem of household poisonings, some common poisons around the house that many people never think about, and what parents and caretakers can do to prevent such deadly accidents.

Presented by Margaret Harris, Ph.D., MS, U of A Cooperative Extension Service

A-9 Beyond Everything: A Guide to Effective Behavior Management for Parents Who Have Tried Everything



To be most effective, parents need to learn to use a variety of skills and methods together in a coordinated manner. This session will examine some of the strategies and principles that are critical in helping parents get "beyond everything" and achieve their parenting goals. Some general strategies and principles can help parents understand which methods to choose, how to put them into action, and why they work. In addition, specific parenting skills and methods for improving oppositional behaviors so children can learn more effectively will be explored.

Presented by Mark Edwards, Ph.D., AR State PIRC/Center for Effective Parenting



Session B Workshops

Monday, November 16, 2009
3:30-4:45 p.m.

B-1 Toyota Family Literacy/Together We Learn



This program draws parents into schools by providing English classes, strategies for homework and parenting issues, and an opportunity to learn alongside their child. Parents develop a sense of belonging in their child's school as they learn together. This presentation will provide an explanation of the four program components, as well as discuss the Toyota grant process and how to replicate on a smaller scale without funding. Participants in this session will be exposed to new or different ideas about how to involve parents academically. This presentation is for teachers, administrators and visionaries ready to increase parent involvement.

Presented by Stephanie Hinsey and Lynn Ryan

B-2 Why and How to be an All-Pro Dad



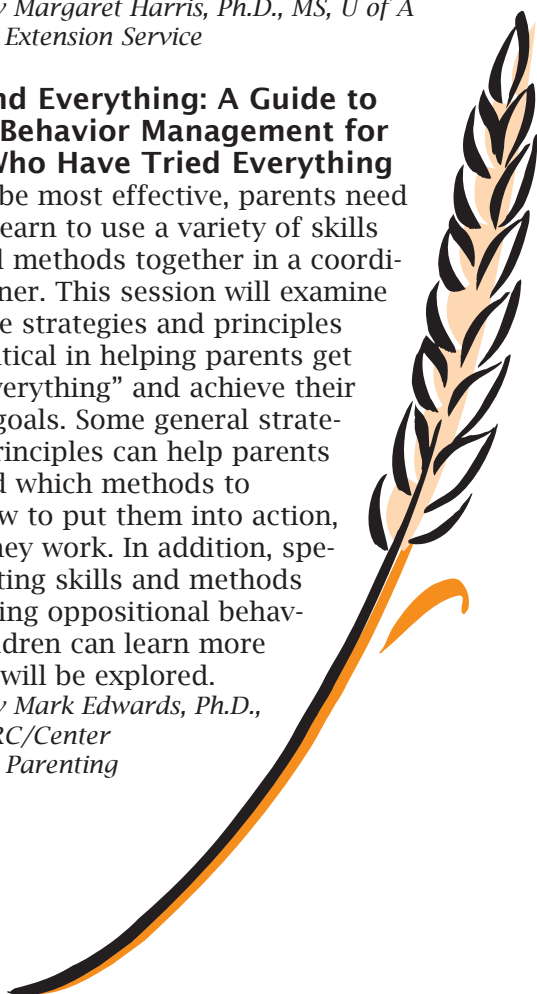
Studies consistently show that when a father is engaged in his child's life, that child is happier, smarter, healthier and more likely to succeed. The lack of father involvement is directly related to incarceration, drug abuse, alcoholism, teen pregnancy, dropping out, suicide and many other harmful behaviors. All Pro Dad is committed to positive father involvement through monthly All Pro Dad's Day breakfasts, All Pro Dad events at stadiums around the country, and daily emails to fathers on important topics related to their relationships with their children and their spouse. The purpose of this presentation is to introduce you to why a father's involvement is so important and how All Pro Dad programs can help. Information will also be presented on the IMOM program to aid mothers in their involvement with their children.

Presented by Randy Mitchell, Caldwell Elementary School

B-3 Pirates, Tiki's and Spiders - Oh My!



The purpose of Family Fun Night is to provide parents, students and teachers with the opportunity to spend time together as a family, and as part of the community. The evening consists of workshops that combine fun and learning activities. We will cover everything you will need to successfully implement a Family Fun Night at your school. Some of the topics to be covered are: choosing a theme, sending invitations, tickets, workshop rotations, collecting materials, etc. Our goal is to



share our experiences on how to schedule and plan for a stress-free night. Targeted audience: principals, parental involvement directors, parent facilitators. *Presented by Wendy Petty and Martha Shaffer, Pottsville School District*

B-4 Shaken Baby Syndrome/ Abusive Head Trauma



This presentation will provide medical information regarding Shaken Baby Syndrome/ Abusive Head Trauma and how it occurs. The presentation will explore how SBS/AHT can be prevented through the education of parents and caretakers of infants and young children. Participants will gain a working knowledge of Shaken Baby Syndrome/Abusive Head Trauma which can be applied both personally and professionally.

Presented by Kaye Beall and Willene Slavik, Arkansas State Police, Crimes Against Children Division

B-5 National Standards for Family-School Partnerships



Working with leading experts on parent involvement and school-community partnerships, PTA has updated its National Standards for Parent/Family Involvement Programs to reflect recent research and improve parent and community involvement practices. The updated National Standards shift the focus from what schools should do to involve parents to what parents, schools, and communities can do together to support student success. To reflect this change, the standards have been renamed the National Standards for Family-School Partnerships. Find out what types of involvement are especially beneficial to children's academic success. *Presented by Jeannie Cole and Ginny Kurrus, Arkansas PTA*

B-6 Classroom Struggles & Strategies for the Student with Asperger's Syndrome



The student with Asperger's Disorder (AD) often has a difficult time in the school setting. Problems with behavioral regulation, social impairments and repetitive/sterotypic behaviors can get in the way of the student's (and his classmates') learning. The goal of this presentation is to explain primary characteristics of the student with Asperger's Disorder and how these symptoms manifest specifically in the classroom setting. Behavioral strategies for dealing with AD symptoms, suggestions for teaching accommodations and practical suggestions for structuring the classroom will be discussed. This presen-



tation will be helpful for parents, school personnel, teachers and therapists who work in the school setting with children on the autism spectrum.

Presented by Jayne Bellando, Ph.D. and Elizabeth Pulliam, Psy.D., UAMS Department of Pediatrics" for consistency

B-7 Positive Thinking for Positive Outcomes



Studies show both physical and mental health recovery can be greatly affected by positive thinking and optimistic desires for those outcomes. This presentation will demonstrate techniques for projecting, presenting or influencing positive attitudes in clients, staff and patients. It will provide anecdotal examples on how to create situations to bring about positive outcomes.

Presented by Bradley D. Hyde, BSc, MHPP, Delta Medical Center

B-8 Being an Influence for Good: Children and Moral Development



Although parents may influence children intentionally through modeling behaviors and talking about beliefs and values, they also influence children unintentionally in a variety of ways. Come find out how to be an influence for good in the life of a child. Participants in this session will learn three tasks of moral development and will identify things they can do to help contribute to the moral development of a child.

Presented by James P. Marshall, Ph.D., U of A Cooperative Extension Service

B-9 Fostering Attachment and Bonding in Families



This workshop will examine the process and dynamics involved in attachment in both traditional family composition as well as non-traditional situations such as adoption, foster care, separations due to military absence, etc. The session will include a review of current research, statistics, and theories; techniques for the application of knowledge to facilitate development between the infant and the caregivers; and intervention techniques. Resources such as agencies, terminologies, and books for both children and adults will be shared, and handouts will be provided as samples. Individuals working with infants, parent educators, family life educators, hospital workers, child care staff, etc. are encouraged to attend this workshop.

Presented by Crystal Whittington, MSE, CCLS, CFCS, CFLE, CIMI, ASU Childhood Services and Sharen Crockett, M.Ed., CFCS, Harding University



Session C Workshops

Tuesday, November 17, 2009
9:00–10:15 a.m.

C-1 Read to Me! Bigger Than Books



Parents play a critical role in getting children interested in reading. We will discuss and demonstrate pointers to help parents promote good reading habits. A DVD emphasizing the four basic steps to get started will be shown and discussed. A current list of high-interest books for parents of children from infancy through 4th grade will be distributed. Handouts will also be provided.

Presented by E. Dee Austin, Ed.S., LPC, AR State PIRC/Center for Effective Parenting

C-2 WATCH D.O.G.S.



WATCH D.O.G.S. (Dads Of Great Students) is an innovative program focusing on safety and education in schools using the positive influence of fathers and father-figures for a two-fold purpose: (1) to provide an unobtrusive fathering presence, and (2) to provide a positive and active role-model for students at the school. Fathers, stepfathers, grandfathers and uncles are asked to spend at least one day at their student's school volunteering, monitoring the school property, working one-on-one or in small groups, providing study/homework assistance, refereeing sports, just listening, or whatever needs to be done to plant seeds of success for students.

Presented by Eric Snow, WATCH D.O.G.S.

C-3 A Secondary School Parental Involvement Program That Works



Participants will learn about "Parents for PHS", the parental involvement organization at Pocahontas High School. Presenter(s) will share successes and lessons learned. Attendees are VERY encouraged to come and SHARE what works at your high schools as well. Handouts will include everything developed or used by PPHS that might be useful to another school. There will be an opportunity for secondary school parent facilitators to network at this conference and beyond. Participants will also learn about the newly restructured Arkansas Parent Coordinator's/Facilitator's Association, (APCA) and new opportunities to network at each co-op level.

Presented by Lin Hatch, Pocahontas School District

C-4 An Overview of University of Arkansas Cooperative Extension Service Family Life Programs



This workshop will introduce participants to the core family life programs and resources available through the University of Arkansas Cooperative Extension Service. Every participant will have the opportunity to pick up a full set of program materials for the programs presented, including The Parenting Journey, The Marriage Garden, The Personal Journey, and See the World Through My Eyes. In addition to identifying free family life resources, participants will learn about where to get them and how to use them in their own families and programs.

Presented by James P. Marshall, Ph.D. and H. Wallace Goddard, Ph.D., CFLE, U of A Cooperative Extension Service

C-5 The ABCs of a Reality Check



"Now I know my ABC's. Tell me what you think of me!" More importantly, how do you view yourself? This highly motivational workshop will show you the importance of understanding yourself as you work to help others, become successful in life and reach your destiny.

Presented by Emma Lee, Fort Smith Special School District and Delores Richardson

C-6 Teaching Young Children to Follow Directions



This workshop will focus on evidence-based strategies parents can use with their pre-school-aged children. Several surveys of parents of young children have indicated that "How can I get my child to mind better?" is one of the most common parenting questions. This is also a critical issue in regard to school readiness. The primary focus of this workshop will be on techniques parents can use to improve their child's minding.

Presented by Nick Long, Ph.D., AR State PIRC/Center for Effective Parenting

C-7 Sensory Processing Deficit From the Parent's Point of View



TLC provides a workshop that brings valuable information to parents and educators about Sensory Processing Deficit and those who struggle with learning. The workshop will cover the following areas: identification and symptoms, the benefit of testing, remedial suggestions, and training information.

Presented by Barbara Selby and Sue Hambrick, TLC Solutions

C-8 Grandparents & School Success



Schools have high expectations for involvement and achievement that are different from past years. Many grandparents raising grandchildren enroll their grandchild in school and feel as if they have entered a maze they do not know how to navigate. This workshop will



provide ideas and resources that can be shared with grandparents at your school or agency to strengthen the partnership between schools and grandparents raising grandchildren.

Presented by Suzann Dahl Hernandez, AR State PIRC/Center for Effective Parenting

C-9 Techno Teens Today: The Good, the Bad and the Ugly!



What do we do? Parenting, educating, and caring for children in general has become very quickly and increasingly more difficult in this age of MySpace, YouTube, Facebook and 24/7 media saturation. Topical information covered in this session will include cyber-bullying; kids emotionally and physically disconnecting with one another and reality; the growing necessity to be entertained; early sexualization, including online predators, exhibitionism and voyeurism; teen pressures of drug and alcohol abuse; and gossip. Learn ways to make sure that it is never too early and never too late to stake your claim in a child's life to help them find a healthy balance of enjoying positive media and technology without falling prey to the MANY dangers.

Presented by Heather C. Bennett, Centers for Youth & Families



Session D Workshops

Tuesday, November 17, 2009
10:30-11:45 a.m.

D-1 Child Abuse: When to Suspect & When to Report



This is an interactive presentation on recognizing physical and behavioral indicators of child maltreatment, including real life examples.

Participants will also learn about the roles and responsibilities of mandated reporting and what happens when a call is made to the statewide child abuse hotline. All professionals who work with children or have children of their own will benefit from this session.

Presented by Sherry J. Williamson, AR Commission on Child Abuse, Rape & Domestic Violence

D-2 Using MyPyramid to Develop a Personal Eating Plan



Americans are overwhelmed with the latest studies or findings on what to eat, what not to eat and how much physical activity to get. Top scientists and health experts from around the country studied the science, determined what works

when it comes to nutrition and physical activity and developed the latest Dietary Guidelines for Americans. To help us incorporate the guidelines into our lives, the USDA developed MyPyramid - Steps to a Healthier You. MyPyramid symbolizes a personalized approach to healthy eating and physical activity. This workshop will show participants how to access the MyPyramid information that will show them small, simple steps they can take to become healthier.

Presented by Teresa Henson and Easter H. Tucker, U of A Cooperative Extension Service

D-3 Enhancing Communication Skills



This presentation will examine the nature of healthy and unhealthy communication in relationships. Models of communication will be explored, as well as strategies and exercises for facilitating communication.

Presented by Jim Guinee, Ph.D., University of Central Arkansas

D-4 How High Can They Fly?



Parents need help preparing children for maximum learning success, beginning at birth. Educators can equip parents with literacy development strategies for even their youngest family members. This session will demonstrate the parent education curriculum used in several Family Literacy programs. The curriculum is research-based, aligned to assessment tools, and literacy-focused. Session participants will review the development process that led to the curriculum. Participants will also critique a unit within the curriculum in a mock parent training session. Handouts will include the sample unit and parent-child interactive strategies. The target audience includes family literacy and parent involvement professionals and interested parent trainers.

Presented by Delene W. Rawls, Ph.D. and Stephanie Blume, Northeast LA Family Literacy Interagency

D-5 Young Dads Healthy Families



This workshop will provide information on how to start a program for young dads, including where to recruit participants and what services to provide for them.

Presented by Arthur Gamble and Felicia Brown, Centers for Youth & Families.


D-6 Engaging the Families of Young Children



Family and school represent the primary environments in which young children grow and develop, and good schools value parental involvement. The foundation for good parent-teacher relationships is based on frequent and open communication, mutual respect and a clear understanding of what is best for the child. This interactive workshop will offer ideas and activities for engaging families. It is for all who work with young children.


Presented by Linda Patterson, M.Ed., AR State PIRC/Center for Effective Parenting

D-7 Adventures in Grandparenting


 The joy of being a grandparent still exists when grandparents take the primary responsibility of raising their grandchildren; however, the context of the relationship has changed. In the United States, approximately six million children - about 1 in 12 - are living in households headed by grandparents or other relatives. This presentation will cover the different roles grandparents fill, talk about the types of grandparents on the continuum of care, and share resources for grandparents who are raising grandchildren in the hopes of fostering new ideas about grandparenting as well as helping grandparents adopt at least one new effective grandparenting practice.

Presented by LaVona Traywick, Ph.D., U of A Cooperative Extension Service

D-8 Parent-School Involvement: Statewide Activities

 The Arkansas State Parent Information Resource Center (PIRC)/Center for Effective Parenting (CEP) will facilitate a panel discussion on statewide parent-school involvement activities. We will also view a video of parent-school involvement activities in Arkansas schools. Each participant will receive a copy of this 15 minute DVD. *Facilitated by Carolene Thornton, AR State PIRC/Center for Effective Parenting*

D-9 You Have BO: Birth Order is the Source!

 This presentation will provide participants with an opportunity to learn about birth order and how it effects who we are and "why we are the way we are". The workshop is largely based on the work of Dr. Kevin Leman along with research and information based on the work of Lucille Forer and Walter Toman. Participants will identify the traits of various birth orders, birth order variables and the role of parenting style as it impacts the development of birth order traits. *Presented by Kathryn O'Brien and Jeanne Carroll, Fort Smith School District*





Session E Workshops

Tuesday, November 17, 2009


1:45-3:00 p.m.

E-1 Make It Routine at Home and School

 Family routines and rituals are important to family and child success, including children's academic achievement. This session will provide materials and resources that can be used as a workshop for families in your program.  Routines, rituals, and chores will specifically be discussed.


Presented by Suzann Dahl Hernandez, AR State PIRC/Center for Effective Parenting

E-2 Stretching Your Food Dollars

 In these economic times, families are struggling with layoffs, bills and feeding their families on limited incomes. Families can take measures to survive by buckling down on spending to make sure that their households' food supply can last for the month. Participants in this workshop will learn how to save money and time and still prepare healthy meals. The session will include a detailed PowerPoint, group discussions, hands-on activities and handouts.


Presented by Teresa Henson and Easter H. Tucker, U of A Cooperative Extension Service

E-3 Facebook Update: Bigger Blessing, Bigger Curse

 This presentation will examine the current status of Facebook, including the impact of opening the network to all individuals age 13 and over. The program will cover both basic information, for individuals unfamiliar with Facebook, to more advanced features and issues, for individuals well-versed in Facebook.

Presented by Jim Guinee, Ph.D., University of Central Arkansas

E-4 How & Why Parents Should Create a Home Literacy Environment

 Creating a literacy environment at home is a fundamental tool for increasing a child's literacy knowledge, skills, and practices. Parents are often not aware of how to help their child excel in literacy. In this presentation, skills and strategies will be discussed on how to encourage parents to bring literary components into their home. We will discuss



how to create, set-up, and maintain a home literacy environment suitable for all ages. Resources for obtaining literary materials will also be provided, as well as a discussion on how to use everyday household resources to encourage, promote, and sustain literary knowledge.

Presented by Allison Petters and Ginger LeQuieu, North Little Rock School District

E-5 Strengthening the Partnership



This workshop will focus on teaching participants how to use free presentation modules that are available to educators and other professionals through the Arkansas State PIRC. The Strengthening the Partnership modules, which have been developed on a variety of topics, are designed to be presented to groups of parents in order to help strengthen the partnership between home and school. This workshop will focus on modules related to the No Child Left Behind issues of accountability, school choice, supplemental educational services, and school report cards. This information is especially important for parents of students in Title I schools. Participants will be provided with a CD containing the modules.

Presented by Nick Long, Ph.D., AR State PIRC/Center for Effective Parenting

E-6 The Personal Journey: A Program for Well-Being



New discoveries in positive psychology challenge us to focus on human flourishing rather than mental illness. The Personal Journey identifies six principles that are vital to personal well-being. This University of Arkansas Cooperative Extension program can be used in schools, churches, and communities—or for individual study. It is available free to all Arkansans.

Presented by H. Wallace Goddard, Ph.D., CFLE, U of A Cooperative Extension Service

E-7 Talking About Touching



This workshop will explore how to teach children the skills they need to make safe personal decisions. Discussion will include basic safety rules children can learn to protect themselves in a variety of situations. The presenter will utilize the Talking About Touching curriculum to show how children who have learned basic safety skills can also learn to recognize safe touching from unsafe touching, and how adults can help children learn and make good decisions regarding their personal safety.

Presented by Children's Trust Fund for Abuse and Neglect Prevention

E-8 Circle of Success



This session will prepare participants to embrace a learning environment that encompasses home, school and community.



The session will demonstrate how each component contributes to the learning environment, and how parents and educators can incorporate the components into a single entity dedicated to learning success. Participants will leave with helpful resources, strategies and ideas to create a Circle of Success.

Presented by Evelyn Bass, AETN

E-9 When the Going Gets Tough... Strengthening Families in Tough Times



Economically, tough times are here! This workshop is designed to assist those who help families to deal with not only the economic issues they face but the human and relationship issues as well. Financial strains are common at all stages of family life. This interactive session will address practical ways to manage both finances and time more effectively, as well as coping strategies for dealing with stress. Strengths of resilient families will be identified and tools for developing those strengths will be explored. Participants can expect to leave with practical information to improve relationships and finances!

Presented by Pam Bennett, Ph.D., CFLE and Terri Rine, Ed.D., University of Central Arkansas



Bookstore

The conference bookstore will be open during conference hours on November 16-18, 2009.

Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

Post-Conference Institute

The Post-Conference Institute consists of seminars that will provide more thorough content and a more intensive learning experience. Preregistration and a small additional fee are required to participate in the seminar of your choice.

Wednesday, November 18, 2009 • 9:00 a.m. – Noon

PC-1 Medical & Behavioral Challenges for the Child with Autism Spectrum Disorders



Some medical concerns have been found to be commonly associated with Autism Spectrum Disorders (ASD). Identification and treatment of these medical issues can improve the school functioning of the child with ASD. This presentation will review these medical conditions and the possible behavioral impact they have for the child with ASD. Presenters will offer practical suggestions for parents, school medical personnel and educators on how to identify these conditions, how to work with their health care team in treating them and how to modify or accommodate for them in the school setting.

Presented by Jayne Bellando, Ph.D., UAMS Department of Pediatrics and Maya Lopez, M.D., UAMS Department of Pediatrics

PC-2 Parent Leadership Development Institute



Parent Leadership Development Institute is designed to train trainers to help parents take a more active leadership role in their child's school. The purpose of this training is to build an understanding of the leadership institute and promote interest in providing leadership training for parents. Each participant will receive a CD with six one-hour workshops complete with power point, text, activities and handouts. The information in these workshops will prepare parents for active school leadership and parent involvement. Participants will learn to utilize this information to engage parents as full partners in education.

Presented by Suzann Dahl Hernandez, AR State PIRC/Center for Effective Parenting

PC-3 Community Cafes



Community Cafes are events where parents gather in small groups and participate in meaningful conversations based on the Strengthening Families Protective Factors Framework. It is a process that is designed, planned and implemented by Parents Hosts. Together, parents work to harvest their collective wisdom and devise solutions to community and family issues. Participants in this workshop will learn how to develop a parent-led Community Café and will participate in an abbreviated example of the process.

Presented by Children's Trust Fund for Child Abuse and Neglect Prevention

PC-4 Lessons from Lions: Grief Education for Parents



Children are affected by many losses during childhood including deaths of pets, grandparents, relatives, friends and family members.

Helping children understand these experiences and encouraging healthy coping is a challenge for parents. In this presentation we will talk about some common myths and concepts concerning children and grief; discuss helpful and current grief concepts for adults; and demonstrate a way to use a popular children's movie to help children better understand healthy grieving.

Presented by Greg Adams, LCSW, ACSW, CT, Arkansas Children's Hospital

PC-5 Choosing a Parenting Program/ Curriculum Overview



This workshop will examine key issues and challenges faced by those planning, implementing, and/or evaluating parent education programs. Identifying goals/objectives for specific groups, matching "targeted" participants to programs, and addressing multiple needs of those in the programs will be included in the workshop. A brief overview of five nationally-recognized curricula will provide valuable information and direction for parent educators.

Presented by Sharon Long, Centers for Youth & Families

PC-6 Parental Involvement Professional Development



Representatives from the Arkansas Department of Education will be on hand to share the latest news, information and resources regarding parental involvement in education.

Presented by the Arkansas Department of Education

PC-7 Effective Home Visiting Programs



This interactive workshop will examine the history of home visiting programs and the development of an effective program today.

Discussion will include strength-based home visiting techniques, cultural sensitivity, attachment, family systems and early parenting. We will also explore existing home visiting curricula and share available resources from the STAR Team to support home visiting in Arkansas.

Presented by Doreen Tapley, Healthy Connections and Lessa Payne, Centers for Youth & Families

Gathering and Sharing

“A Festival of Fun”

Networking Social & Awards Ceremony

November 16, 2009, 4:45 p.m.

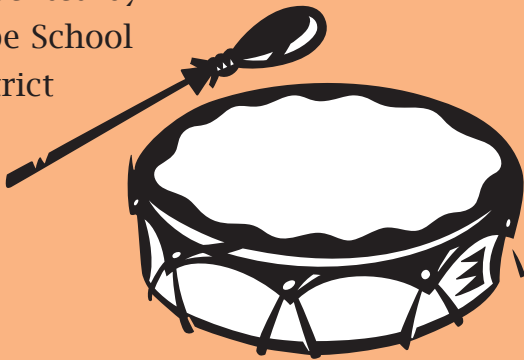
Everyone Welcome

Exhibits...Networking...Awards
Fun...Food...Games...Door Prizes

Special Entertainment:

DrumBallet

presented by
Hope School
District



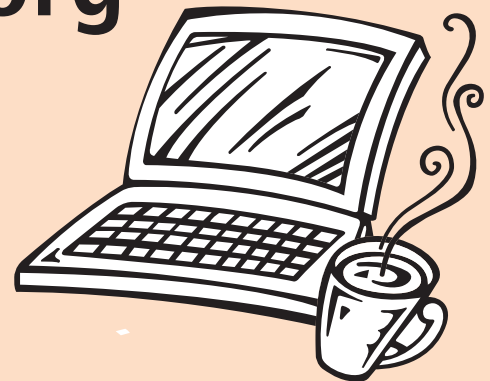
APCA Meeting

November 17, 2009, 3:15 p.m.

Members and prospective members of the Arkansas Parent Coordinators/Facilitators Association are welcome and encouraged to attend. For more information, contact APCA Chair Jeannie Grissom, 501-796-2050 or Jeannie.grissom@vilonia.k12.ar.us

www.arkansasctf.org

- Online registration information and instructions
- APEN Awards nominees and voting instructions
- Latest conference news and information



General Conference Info

Registration

Preregistration for the conference is required. Access online registration information at www.arkansasctf.org, or mail the attached form. All registrations will be confirmed prior to the conference. APEN reserves the right to turn away anyone who is not pre-registered.

Conference Fees \$90

Fees cover breakfast and lunch, refreshments, "A Festival of Fun" networking social/awards ceremony, and conference materials.

Post-Conference Institute Fees \$25

The Post-Conference Institute consists of seminars designed to provide a more thorough, intensive learning experience. Preregistration and a small additional fee are required to participate in the seminar of your choice. Fees cover refreshments and materials, unless otherwise indicated.

Registration Deadline: October 30, 2009

A late registration fee of \$10.00 will be assessed for all registrations received after October 30, 2009.

Substitutions & Cancellations

If you have submitted a registration form, you will be held responsible for payment. Cancellation requests must be received in writing on or before October 30, 2009. Canceled prepaid registrations will be refunded, less a \$10 processing fee, following the conference. Canceled unpaid registrations will be waived only if requested in writing by October 30, 2009. Cancellation requests received after October 30, 2009 will be subject to all registration and processing fees, whether prepaid or outstanding. If you are unable to attend, a substitution may be made without penalty, provided APEN is notified of the substitution prior to the conference.

Continuing Education

1. Continuing Education Units (CEU) for various disciplines will be available through Harding University, Searcy, Arkansas. A prepaid fee of \$8.00 is required.
2. Professional Development Units will be accepted by the Arkansas Department of Education.
3. The conference has been registered with the Traveling Arkansas' Professional Pathways Registry (TAPPS) for the convenience of Registry members.
4. All attendees will receive a general certificate of attendance at the conference.

Bookstore

The conference bookstore will be open during conference hours on November 16-18, 2009. Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

Conference Attire

Please dress comfortably for the conference. Layered clothing, including a light jacket or sweater, is suggested.

Special Accommodations

Every effort will be made to accommodate special needs/requests. Please contact APEN staff at 501-664-2227 if you require special accommodations that have not been addressed elsewhere.

Host Facility

All conference sessions will be held at the Hot Springs Civic and Convention Center, 134 Convention Boulevard, Hot Springs, Arkansas.

Hotel Reservations

Conference participants are responsible for their own room reservations. Be sure to reference Arkansas Parenting Education Network or Conference for Parent Education to take advantage of group rates. Also be advised that reservations made after the deadline shown will be subject to regular rates and availability.

THE AUSTIN HOTEL

305 Malvern Avenue
Hot Springs, Arkansas
877-623-6697 · 501-623-6600

Single \$85 · Triple \$85
Double \$85 · Quadruple \$85
Reservation Deadline: October 31, 2009

EMBASSY SUITES

400 Convention Boulevard
Hot Springs, Arkansas
800-EMBASSY · 501-624-9200

Single \$134 · Triple \$154
Double \$144 · Quad Rate \$164
Reservation Deadline: October 23, 2009

Parking

Registered guests of The Austin Hotel may access free self-parking in the hotel parking deck or use valet parking for \$5 per day. Registered guests of Embassy Suites may use valet parking for \$10 per day or free public parking as available. All conference participants should have access to public parking at no charge.



Questions?

501-664-2227

501-364-7580

or www.arkansasctf.org

**11th Annual Arkansas Conference
for Parent Education & Parental Involvement**
November 16-18, 2009

Registration Form

Please submit a separate registration form for each participant. Forms may be duplicated.

Name, Title _____

Organization or Program _____

Address _____

City/State/Zip _____

Day Phone: _____ Alternate Phone: _____

Fax: _____ Email: _____

(required for rapid registration confirmation)



**For More
Information**
www.arkansasctf.org

November 16-17, 2009 Conference @ \$90 \$ _____

Registration is limited to the first 750 people. To assist us with room assignments,
please write the code of the individual sessions you are most interested in attending.

Session A-_____

Session B-_____

Session C-_____

Session D-_____

Session E-_____

November 18, 2009 Post-Conference Institute

9 a.m. - Noon @ \$25..... \$ _____

Please choose your topic:

- ☐ Challenges for the Child with Autism Spectrum Disorders
- ☐ Parent Leadership Development Institute
- ☐ Community Cafes
- ☐ Lessons from Lions: Grief Education for Parents
- ☐ Choosing a Parenting Program/ Curriculum Overview
- ☐ Parental Involvement Professional Development
- ☐ Effective Home Visiting Programs

Continuing Education Units Fee (optional) @ \$8..... \$ _____

Late Registration Fee @ \$10..... \$ _____

(assessed if registration is received later than October 30, 2009)

Total Registration Fees..... \$ _____

Registration Form and Check or Purchase Order should be mailed to:

Arkansas Parenting Education Network

415 North McKinley, Suite 462 · Little Rock, AR 72205

VISA and MasterCard may be used if registering online.

☐ I plan to attend the "Festival of Fun" Networking Social on November 16, 2009.

☐ I require special accommodations _____

☐ Yes, please contact me about volunteering to help with conference tasks



Arkansas Parenting Education Network
415 North McKinley, Suite 462
Little Rock, AR 72205

Nonprofit Organization
U.S. Postage
PAID
Little Rock, AR
Permit No. 2000

Registration Deadline:
October 30, 2009

11th Annual Arkansas Conference for Parent Education & Parental Involvement

Visionary Sponsors

Arkansas Children's Trust Fund
AR State PIRC/Center for Effective Parenting
Arkansas Department of Education

Co-Sponsor

University of Arkansas Cooperative Extension Service

Contributors

Arkansas Association of Family & Consumer Sciences
Arkansas Head Start State Collaboration Project
Centers for Youth & Families — The Parent Center